Is computer gaming really sport?

Video transcript: BBC Radio 5 live presenter OJ Borg introduces the guide to esports

Hello and welcome to the BBC’s iWonder guide into esports, also known as professional gaming.

I’m OJ Borg and quite recently I went to San Jose to find out about what is called the world’s fastest growing sport.

I attended the Intel Extreme Masters and found a multi-billion dollar industry.

I found professional gamers, slickly organised teams, crazy fans and six-figure salaries.

The question you have to ask yourself though, is esports really a sport?

My colleague Ben Dirs has looked into it to find out more.