



Blowing bubbles

This activity is designed to help babies and children learn about taking turns.

You will need

A group of parents, babies and children of any age!

A pot of bubble liquid and a wand. Make sure it's child-friendly and non-toxic.

Start with a wow fact

"The number of words your baby knows is linked to the number of words you've spoken to them since they were born."

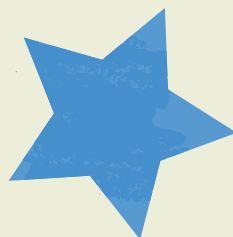
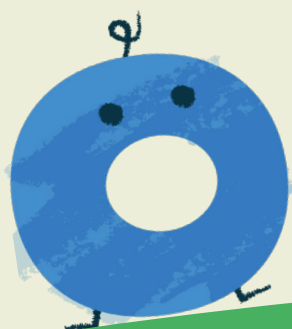
Remember

When babies and children are having fun it is a great time for learning.

So remember, you only have to play this for as long as the children are enjoying it.

How to play

- Sit in a circle with babies and children facing their parents.
- Get the children's attention by saying 'Ready...steady...'
- Wait for children and babies to look up.
- Parents blow the bubbles using the wand.
- Encourage them to describe what is happening to the children.
For example 'blow', 'up' and 'pop!'
- When all the bubbles have popped, wait for the children to respond.
- Repeat!
- Encourage older children to have a go at blowing bubbles themselves, and talking about the bubbles.



How does this help?

Using bubbles can help teach babies and children too:

- Respond to their parent's voice
- Start relating words to actions (eg 'pop!')
- Give eye contact



It's fun for siblings too!

As much as possible, encourage families to include their older children in playing games together.



For parents to try themselves

Encourage parents to carry bubbles with them when they're out and about. They can try blowing bubbles when they're:

- On the bus
- Waiting to pick up a sibling from school
- Waiting at the dentist or doctor



Remind parents to describe what's happening. Older children can practice joining in. Bubbles must be child-friendly and non-toxic.

**Parents and carers can find more activities
and resources to try at home by visiting**

**www.bit.ly/tinyhappypeople
[@thp_pilot](https://www.instagram.com/thp_pilot)**

