

Be with you in a mo.

In Scotland, water is like, everywhere. In our taps, in our skies, and hundreds of other places too.

So it's dead easy to forget that actually, there's only so much to go around.

A finite resource that's flushed away without a second thought.

I'm going to tell you a story with a moral lesson at its heart. A fable, if you will.

Cape Town. Now that's a city in South Africa.

4 million people, modern, urbanised, beautiful, it's one of South Africa's capitals cities, and there's three of them...for some reason.

In 2018, Cape Town nearly ran out of water. I mean look at the place, it's surrounded by the stuff.

It hadn't rained in months. Reservoirs were dry, and they had '90' days until it was completely used up. I mean totally gone.

No water in taps, or sinks, or toilets. No water to drink. Rich or poor, it didn't matter.

As the clock ticked down to day zero, a superhero emerged. And that superhero...

Wait a minute, no that's not right.

No, it turns out Cape Town saved itself from disaster, with water conservation.

Things like flushing the toilet less often. If it's yellow, let it mellow.

Competing to see who could wash their clothes the least. And that just seems like common sense to me.

Saving a city from disaster isn't always glamorous, but the point is that the people of Cape Town became more water aware.

They showed they cared! That's the moral lesson that I was talking about.

But just like the South Africans, we have no idea what might happen to our water supply in the future.

So why wait for a crisis in our own backyard before we become more water conscious?

See, we are lucky to have water at the turn of a tap, loads don't.

It's a small world, and the decisions that you make affect whether people in far off places, people you'll never meet, can have a drink of water.

See tons of water goes into stuff that you don't realise. A can of juice, coffee, paper, cheese! Raising a cow for meat.

Two thousand gallons of water goes into a pair of jeans

I mean, honestly!

And where does a lot of this stuff come from? Countries where there isn't enough water to go around in the first place!

I'm not saying don't buy things. I'm saying make better choices. Be considerate.

Reduce your water footprint, there's your water warrior.