

Let's build

You will need:

Lots of different blocks to build with – big enough for babies to hold and not small enough to swallow!

Remember:

When babies and children are having fun, it is a great time for learning.

So remember, you only have to play this for as long as the children are enjoying it.

How to play:

- Sit face to face with your baby, with some blocks between you.
- Explore the blocks, let your baby play with them as long as they want if they reach out and show interest.
- Put one block on another and see if your baby is interested. If so, make a little tower and gently knock it down – show how exciting and interesting this is.
- Make sure that the whole time that you're playing you are talking to your baby about what you see and feel.

For more activities to try with your little one head to www.bbc.co.uk/tinyhappyypeople