



## Blowing bubbles

This activity is designed to help babies and children learn about taking turns.

### You will need

A group of parents, babies and children of any age!

A pot of bubble liquid and a wand. Make sure it's child-friendly and non-toxic.

### Start with a wow fact

**"The number of words your baby knows is linked to the number of words you've spoken to them since they were born."**

### Remember

When babies and children are having fun it is a great time for learning.

So remember, you only have to play this for as long as the children are enjoying it.

### How to play

- Sit in a circle with babies and children facing their parents.
- Get the children's attention by saying 'Ready...steady...'
- Wait for children and babies to look up.
- Parents blow the bubbles using the wand.
- Encourage them to describe what is happening to the children.  
For example 'blow', 'up' and 'pop!'
- When all the bubbles have popped, wait for the children to respond.
- Repeat!
- Encourage older children to have a go at blowing bubbles themselves, and talking about the bubbles.

### How does this help?

Using bubbles can help teach babies and children too:

- Respond to their parent's voice
- Start relating words to actions (eg 'pop!')
- Give eye contact

### For parents to try themselves

Encourage parents to carry bubbles with them when they're out and about.

They can try blowing bubbles when they're:

- On the bus
- Waiting to pick up a sibling from school
- Waiting at the dentist or doctor

Remind parents to describe what's happening. Older children can practice joining in.

Bubbles must be child-friendly and non-toxic.

**Parents and carers can find more activities  
and resources to try at home by visiting  
[www.bit.ly/tinyhappypeople](http://www.bit.ly/tinyhappypeople)  
Instagram/@thp\_pilot**