

When focusing, firstly I need to decide the most important part of my image. So it might be somebody's eyes, or their face. Then I can either use auto focus, or I can set my camera to manual focus

Auto focus is really useful if I'm shooting something that's moving pretty quickly. For example, if somebody's running past and I really want to catch them sharply in that moment. It allows me to focus more on the light, and how I want to compose my image.

So how do we use auto focus? The most important part of my picture, I've decided, is Emma's face and her eyes. So firstly, I'm just going to lock that by pressing my shutter halfway down, and then bring my camera down to compose my shot. So I can see that Emma is perfectly sharp, in her face and eyes, which is exactly what I wanted.

Or, I can switch my camera to manual focus on the lens, and control the focus on the ring of the lens. I get my image sharp, and take a shot. So by using manual focus, I could make my image blurrier if I wanted to. This might be the effect I'm after, and it allows me a bit more creativity.