What can you do in...

one second?

What can you do in...

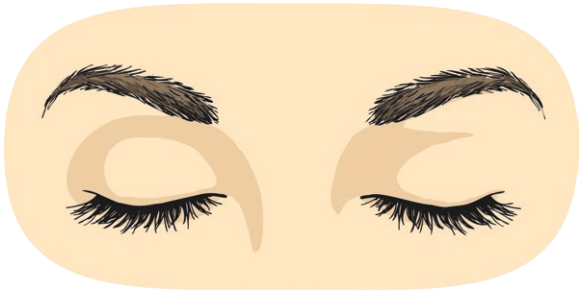
one minute?

What can you do in...

one hour?

What can you do in...

one day?



blink

twinkl.com

sneeze

twinkl.com

wave

twinkl.com

trip

twinkl.com

drop something

twinkl.com

scratch an itch

twinkl.com

shiver

twinkl.com

smile

twinkl.com

write a sentence

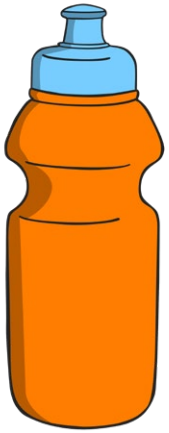
twinkl.com

brush your hair

twinkl.com

eat a biscuit

twinkl.com

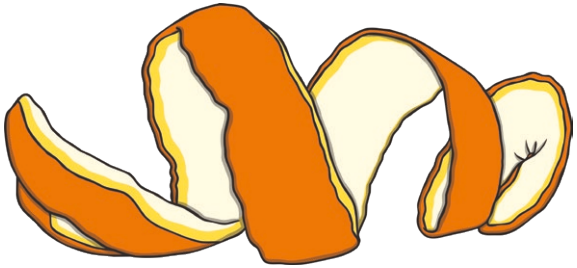


fill a water bottle

twinkl.com

tie your shoe laces

twinkl.com



peel an orange

twinkl.com

water a plant

twinkl.com

toast bread

twinkl.com

watch TV

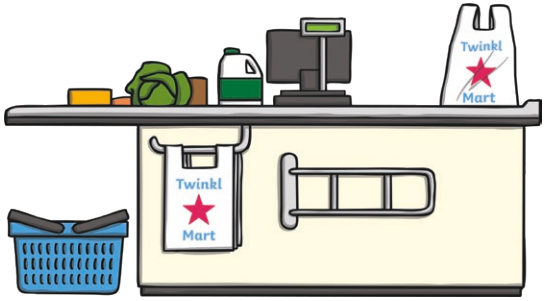
twinkl.com

go on a long bike ride

twinkl.com

paint a picture

twinkl.com



go to the supermarket

twinkl.com

walk a dog

twinkl.com

go swimming

twinkl.com

play a board game

twinkl.com

paint a bedroom

twinkl.com