

Possible reasons for banning social media for teenagers

- There are mental health concerns. Excessive use of social media has been linked to increased anxiety, depression, and other mental health issues among teenagers
- There is a risk of exposure to inappropriate content. Teenagers can easily access harmful or inappropriate content, including dangerous trends and challenges
- Social media platforms often collect a significant amount of personal data, raising concerns about privacy and data security
- Some social media platforms have been associated with high rates of cyberbullying, which can negatively impact teenagers' well-being
- The design of social media apps can encourage addictive behaviour, leading to excessive screen time and distraction from activities like studying



Possible reasons against banning social media for teenagers

- Social media platforms can allow teenagers to express their creativity through videos, music, and other forms of content
- They can help teenagers stay connected with friends and peers, especially during times when in-person interaction is limited
- There is a wealth of educational content available on some social media platforms that can be beneficial for learning new skills and information
- Banning a social media platform could be seen as an infringement on teenagers' freedom of expression and access to information
- Many older teenagers use social media to build personal brands and even earn money, so a ban could negatively affect their economic opportunities

