| Fold | |
|--------------------------|--|
| Work done | The amount of energy it takes to do a task. Measured in joules (J). For example, the work done in raising a mass 10 m would be equal to the gain in potential energy of the mass. |
| Dissipated | The spreading out and transfer of energy stores into less useful forms, such as thermal energy causing the surroundings to heat up. Dissipated energy is often referred to as 'wasted' energy, since it is not transferred to a useful output. |
| Elastic potential energy | Energy stored in squashed, stretched or twisted materials. |
| B B C BITESIZE | |

| Internal energy | The total kinetic energy and potential energy of the particles in an object. |
|-----------------|---|
| Joules | The unit of work or energy, written as J. |
| Power | The energy transferred each second, measured in watts (W). Power = work done ÷ time taken. |
| B B C BITESIZE | |





First cut along the solid lines and then fold each flashcard along the dotted line, so the keyword is on the front and the explanation is on the back.

