

# How to make a draught excluder snake

### This activity has been produced in partnership with Planet Super League.

Even if your home is well insulated, 10% to 20% of the heat can go out of the doors and windows (according to the Centre for Sustainable Energy). Why not create an environmentally-friendly draught excluder snake to put under the door or windows to help cut heat losses?

#### What you need:

- An old woolly jumper (or any material jumper)
- An old pair of tights
- Scissors
- Needle and thread
- Stuffing you can use dried beans, rice or lentils (the equivalent of 2.5kg rice)
- Buttons for eyes
- A piece of ribbon for tongue



#### How to make it:

- 1. Cut one of the legs off the pair of tights and fill with stuffing. Tie a knot at the end to secure.
- 2. Cut both arms off the woolly jumper. Turn one inside out. Put the right side out sleeve into the inside out sleeve and line up the raw edges. Sew around the raw edge sewing through both layers and knot to finish off. Open out into one extra-long sleeve.
- 3. Trap the piece of ribbon into one open end of the snake and sew together, knot to finish off.
- 4. Push the stuffing filled tights leg into the open end of the snake. Sew together the end as before. Add buttons for eyes.





# Hungry for more? Make your snake a football t-shirt!

## What you need:

- Old school polo shirt
- Fabric pens
- Scissors

#### How to make it:

Cut a sleeve off an old school polo shirt and decorate with fabric pens, then put the sleeve on the snake and it's ready to play for Draft Excluders United!