

## Socialising day to day

### Salon - Dim diolch / No thank you

Stylist                    Wyt ti'n dal i wneud lot o ymarfer corff?

Customer                Ydw, bob bore a bob nos.

Rhys                    Hoffech chi ddiod o ddŵr?

Customer                Dim diolch.

Stylist                    Wyt ti'n rhedeg yn y gampfa neu tu allan?

Customer                Bach o'r ddau ond ma well gen i redeg tu allan.

Rhys                    Ydach chi eisiau paned o goffi?

Customer                Dim diolch.

                          Dw i'n paratoi at triathlon nawr.

Stylist                    Beth - rhedeg, nofio a seiclo?

Customer                Ie, dw i newydd brynu beic.

Rhys                    Cnau?

Customer                Dim diolch.

Stylist                    Pa mor bell fydd rhaid i ti seiclo?

Customer                Can milltir.

Rhys                    Beth am selsig a sglodion?

Customer                Dim diolch.

Stylist                    Ble mae e?

Customer                Ffainc.

Stylist                    Hm!

Customer                Na.

Stylist                    O mae'n gas gyda fi ymarfer corff.

Rhys                    Beth am hon? Mae'n berffaith i chi.

Customer      le.

## Translation

Stylist      Do you still do lots of exercise?

Customer      Yes, every morning and every evening.

Rhys      Would you like a drink of water?

Customer      No thank you.

Stylist      Do you run in the gym or outside?

Customer      A bit of both but I prefer running outside.

Rhys      Do you want a cup of coffee?

Customer      No thank you.

I'm preparing for a triathlon now.

Stylist      What - running, swimming and cycling?

Customer      Yes, I've just bought a new bike.

Rhys      Nuts?

Customer      No thank you.

Stylist      How far will you have to cycle?

Customer      A hundred miles.

Rhys      How about sausage and chips?

Customer      No thank you.

Stylist      Where is it?

Customer      France.

Stylist      Hm!

Customer      No

Stylist      Oh I hate exercise.

# Bitesize

Rhys                    How about this one? It's perfect for you.

Customer            Yes