

Useful vocabulary – Talking about sport

Useful nouns– Talking about sport

Spanish	English
el atletismo	athletics
el baloncesto	basketball
el campo	pitch, field
la carrera	race, career
el ciclismo	cycling
la competición	competition
el deporte	sport
el ejercicio	exercise
el equipo	team, equipment
el estadio	stadium
el fútbol	football
el/la jugador	player
la natación	swimming
el partido	sports (match)
las reglas	rules
el resultado	result
el tenis	tennis
el vóleibol	volleyball

Useful verbs - Talking about sport and exercise

Spanish	English
bailar	to dance
correr	to run
ganar	to win
hacer	to do, play (a sport without a ball)
jugar	to play (a sport with a ball)
lograr	to achieve
luchar	to fight
ir al gimnasio	to go to the gym
marcar (un gol)	to score (a goal)
montar a caballo/en bicicleta	to go horse riding/cycling
nadar	to swim
participar	to participate
perder	to lose
practicar	to practise

Useful adjectives – to describe sports

Spanish	English
activo/a	active
aburrido/a	boring
caro/a	expensive
cansado/a	tired, tiring
divertido/a	fun, enjoyable
emocionante	exciting, touching, moving
físico/a	physical
gratuito/a	free
joven	young
nacional	national

peligroso/a	dangerous
sano/a	healthy
social	social

Adverbs of frequency

Spanish	English
a menudo	often
nunca	never
regularmente	regularly
todos los días	every day
dos veces a la semana	twice a week
a veces	sometimes
siempre	always
de vez en cuando	from time to time/once in a while
cada día	daily
cada semana	every week