



Your final countdown to birth

Video transcript: Clip from *Inside the Human Body* (BBC One, 2011)

MICHAEL MOSLEY:

The final moments of childbirth are the conclusion of a nine-month journey.

It started with the coming together of an egg and a sperm. There were many potential pitfalls on that long journey, but you beat the odds when many didn't.

Now, finally, it's time to come out and face the world.