

## CAN TECHNOLOGY HELP DEFUSE THE DEMENTIA TIME BOMB?

Video transcript: How people live with dementia today

| NARRATOR:   |
|---|
| John Stevenson was diagnosed with Alzheimer's seven years ago, at the age of 53.  |
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| MARY STEVENSON:   |
| Can you come and get yourself some breakfast?   |
| JOHN STEVENSON:   |
| Yes, OK.  |
| MARY STEVENSON:   |
| You get the plates out.   |
| JOHN STEVENSON:   |
| Yes, plates.  |
|   |
| MARY STEVENSON:   |
| 'I think somebody once described Alzheimer's 'like a tree with Dutch elm disease, that they were dying from the inside out. |
| 'It does seem to express a lot. 'The inner being's gone. 'But outwardly he's great still, he can                            |

run and walk. 'They're in the cupboard at the top. 'He can't make himself a cup of tea.

'He can't even get himself a glass of water. 'If he did happen to find the cupboard where the glasses were in, 'he probably wouldn't be able to turn the tap on for the water. '

You ask me, you know, how difficult is life? How does it affect John? It affects every single thing in his life, from getting up in the morning, cleaning his teeth, having a shower.

Every single thing he needs some help with'.

(Footage courtesy of 'Horizon: How Does Your Memory Work?' TX 25/03/08)