

The Hairy Bikers; What kind of eater are you?

The Hairy Bikers and Lorraine Pascale: Cooking the Nation's Favourite Foods

Hello! We're the Hairy Bikers.

Now our show revealed what Britain's top ten dishes are and how to make them.

So now it's time for **you** to choose **your** top dishes and find out what your favourite food says about you.

Take our quick quiz to find out what kind of eater you are.

Are you a British classic, a fast-foodie, a super-snacker, a herbivore, or a wholefoodie? You might be surprised at what you find out.

Based on your answers you'll also get help and advice about how to improve your diet.

It's dead easy - just follow the instructions on screen. Right, time to get started...